

# Green Ideas

The Tidy Travelers' Home Organization Service

Customer Newsletter **Volume 3, Issue 1**



*A Greener Home for Tomorrow!*



## Smashing Smell Ideas

- ❖ Sliced lemons, limes, or oranges offer a fresh scent.
- ❖ Boil cinnamon sticks, cloves, and nutmeg for a holiday fragrance.
- ❖ Keep open boxes of baking soda in smelly parts of your home to absorb the odor-replace monthly.
- ❖ Place a few drops of essential oil on an old rag to keep in drawers, shoes, or closets.
- ❖ Want that sugar cookie smell? Bake sugar cookies!



Investing in a paper shredder can keep your information private and provide colorful filling for gift bags!

## Do Your Scents Make Sense?

*by Tidy Traveler Jane*

You may enjoy having your house smell like an ocean breeze or sugar cookies, but have you thought about the damage candles could be doing to your health? Aside from the obvious dangers of an open flame, particularly when children are in the house, you may be exposing yourself to chemical air pollution.

Studies are finding that the scents and smoke from candles are laced with cancer-causing toxins. One U.S. Environmental Protection Agency study found acetaldehyde, formaldehyde and naphthalene among other chemicals lurking in common household fragrance

candles. Beautiful or deadly?!

If you enjoy candles for a romantic ambiance consider soy or beeswax tapers, which have been found to be healthier for your air quality.

Keeping your house clean is still the best way to keep your home smelling fresh. Avoid harsh toxic chemicals and go for nature's cleansers like baking soda and vinegar.

Check out some more ideas at left and continue working to make your home clean and green!



## Tidy-Up in Winter Sale!

Why wait until spring to clean out those closets?

Get a jump start in January with

**1/2 Off Any 2 Hour**

**session with one of our certified consultants!**

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